



Family Newsletter

Fall Issue, 2009 * Volume 12, Issue 3

From Our Family to Yours

Inside This Issue

- 1 Getting Through Holidays
Helpful Suggestions
- 2 Website Changes
Facebook Links and More
- 2 Bahamas Cruise
Aboard Carnival Fascination
- 3 Honoring Our Veterans
Veteran History Project
- 3 Pink School Buses
Race for the Cure!
- 3 The Owen Funeral
Home Family
featuring Glenn Bennett
- 4 Neighborhood News
- 4 From Our Kitchen To Yours
Mediterranean Pasta Salad

**Family Owned & Operated
Sincere Service Is Our Way of Life**

Owen Funeral Homes

5317 Dixie Highway
502-447-2600
888-817-6105 (toll free)

9318 Taylorsville Road
502-266-9655
888-652-7332 (toll free)



www.owenfuneralhome.com

The Owen Family Newsletter is published by the Owen Funeral Home. We invite your comments or questions. Please direct all correspondence to David L. Owen.
Email: dowen502@aol.com

GETTING THROUGH THE HOLIDAYS

Realizing how difficult the holiday season can be for those who are grieving the loss of a loved one, here are some thoughts with the hope of making your holidays easier to handle this year.



1. You must decide what you can comfortably handle and let your needs be known to family and friends:
 - * whether or not to talk about your loved one.
 - * whether you can handle the responsibility of family dinners and parties.
 - * whether you will stay here for the holidays or choose to travel this year to "get away for a while."
2. Don't be afraid to make changes, it can really make things less painful.
 - * have dinner at a different time.
 - * open presents Christmas Eve instead of Christmas Day.
 - * attend a different church for a holiday service.
 - * let others take over holiday preparations, such as decorating, etc.
 - * give yourself permission to say "no."
3. Your greatest comfort may come in doing something meaningful for others. Some ideas are:
 - * giving a gift in memory of your loved one.
 - * donating the money you would have spent on your loved one to a particular charity.
 - * adopting a needy family for the holidays.
4. Whether it's putting up the tree, greeting cards, holiday baking or a big family dinner, ask yourself these questions before making any decisions:
 - * do I really enjoy this? Do other family members really enjoy this?
 - * is this a task that can be shared by other family members?
 - * would Thanksgiving-Christmas-New Years be Thanksgiving-Christmas-New Years without it?
5. Give yourself permission to experience joy, while allowing yourself to embrace the emotional pain of your loss.

-Source Unknown-

Carnival Fascination Bahamas Cruise

February 19- 26, 2010

5 Day Cruise ** Oceanview Rooms**

Owen Funeral Homes Presents: Toby Tours Trip –
8 days/7 nights

It will be here before you know it! Call today!

Final Payment due December 1, 2009. Must have Passport.

Visit our website for more details at www.owenfuneralhome.com

Cost includes:

5 Days Bahamas Cruise
Bus Transportation
Hotel Accommodations

Cost Per Person

\$899.00 - with 2 people in a room
\$849.00 - with 3/4 people in a room
\$1,799.00 - with 1 person in a room

*For a registration form call:
Genene Nisbet at 447-7759*

We Are Listening

The staff of Owen Funeral Homes listens when our families tell us how we can better serve them. You have told us that our website needs to include more information about our programs and services. You wanted an Obituary page that would include space to allow families and friends an opportunity to share their memories and thoughts. More and more of our families use Facebook to stay in touch with those who live away. We have also added a link to Facebook. We hope this will make it easier for families to link to the Obituary of their loved one.

We have added more photos from events, trips and community gatherings. If you have attended something in the past, please browse the photos. Hopefully, this will help you remember the fun we had. If you have not attended an event in the past, these photos just might be the encouragement you need to put the next one on your calendar.

We are constantly updating and changing our website, www.owenfuneralhome.com. If you have not visited before or if it has been a while, please take a few minutes to check it out.



Alice Hutchinson

20 Years of Dedicated Service

I would like to offer my sincere gratitude and appreciation to the Owen Family and the staff of Owen Funeral Homes for allowing me to work and live here for the past 20 years. It has been my pleasure to be of service to the many families who have entrusted Owen Funeral Homes with their loved ones arrangements. My involvement in the funeral industry has enriched my life in many ways. God has truly blessed me.



Jim Wilcox Retires

After 19 years of service with Owen, Jim Wilcox announced his retirement. He is looking forward to his next adventure. He said, "I think a lot of the Owen Family and always enjoyed helping families in their time of need." Jim also recently received his 60 year service award pin from the Valley F. & A.M. 511 Masonic Lodge.

Thanks, Jim, for your years of service. It is folks like you that help us provide the sincere service that the Owen Family has promised to this community.



Meet one of our
Owen Family Members...



Honoring our Veterans Veterans History Project

The Veterans History Project (VHP) collects and preserves the remembrances of American war veterans and civilian workers who supported them.

These collections of first-hand accounts are archived in the American Folklife Center at the Library of Congress for use by researchers and to serve as an inspiration for generations to come. The Project collects remembrances of veterans who served in World War I, World War II, the Cold War, Korean War, Vietnam War, Persian Gulf War, or Afghanistan and Iraq conflict. The Project relies on volunteers throughout the nation to collect veteran's stories on behalf of the Library of Congress.

If you would like to add to the rich heritage of our country's story contact: Robert Patrick, American Folklife Center, Library of Congress, 101 Independence Avenue, SE, Washington D.C. 20540-4615, contact number 202-707-7308 or you may visit the Veterans History Project web page at www.loc.gov/vets/ to learn more.

Glenn Bennett Funeral Director



Glenn is a new addition to the Owen Funeral Home Staff. He has been a licensed Funeral Director and Embalmer since 1972 and is licensed in both Kentucky and Indiana. Glenn graduated from Kentucky School of Mortuary Science in 1971 and was a student at Owen Funeral Home during college.

Glenn is married to Lee Ann (Sawyer) Bennett, and they recently celebrated their 40th anniversary. They have three wonderful sons, Tim, Tony and Pat and two terrific grandsons, Samuel and Cameron.

Glenn enjoys home improvement projects, craft festivals and Louisville Cardinal sports.

Glenn believes in "Family First"... This is a commitment that he brings to all the families he serves at Owen Funeral Home. Compassion and Sincere Service are paramount.

Pink School Bus Figure 8 Racing

Owen Funeral Home joined with nine other pink school buses, at the Sportsdrome Speedway, to help raise money for the fight for breast cancer research. The money raised in this event was donated to the Susan G. Komen Louisville Affiliate through the Anna Marie Gibson Fund. We were pleased to join in this worthy cause and also had a smashing good time doing it.



Neighborhood News

Grief Support Groups

Provided by Owen Funeral Homes as a Free Public Service

"Transitions"

Group for Bereaved Persons & Families
in their first few months of grief
Location and times assigned quarterly

"Now and Beyond"

Group for Widows and Widowers
Every 3rd Friday, 2:00 p.m.
Southwest Regional Library
Every 3rd Wednesday, 2:00 p.m.
Owen Funeral Home, Jeffersontown

Monthly "A Daughter's Loss"

Every 3rd Thursday, at 6:30 p.m.
Hillview Baptist Church

"A Parent's Grief"

1st and 3rd Monday, at 6:30 p.m.
Hillview Baptist Church

Monthly Men's Breakfast

Every 3rd Monday, at 8:30 a.m.
Location assigned monthly

Monthly Widow/Widower's Luncheon

Every 1st Friday, 1:00 p.m.
Location assigned monthly

For Information: *Please call Genene Nisbet,
Bereavement Services Specialist at 447-7759.*

You Are Always Welcome -

Owen Funeral Home staff welcomes the opportunity to show you around either of our facilities and to answer any questions you might have. Call the office or stop by.

From Our Kitchen To Yours

by Glenn Bennett

Mediterranean Pasta Salad (6-8 Servings)



1 pkg. (2.1 oz.) pre-cooked bacon
8 oz. bow tie pasta
½ cup sun-dried tomato salad
dressing (You can also use Italian
or Greek-style dressing)
8 oz. fresh mozzarella, cut into
small cubes
1 cup cherry tomatoes, cut in half
1/3 cup kalamata olives, chopped
4 sun-dried tomatoes in oil,
drained and chopped

Microwave bacon according to
package directions. Cool slightly
and then chop. Meanwhile cook
pasta according to package direc-
tions and drain. In a large serving
bowl, combine all ingredients and
stir well. Serve warm.

Owen
FUNERAL HOMES

5317 Dixie Highway Louisville, KY 40216

502-447-2600 or 888-817-6105

9318 Taylorsville Road Louisville, KY 40299

502-266-9655 or 888-652-7332

<http://www.owenfuneralhome.com>

Presorted Standard
U. S. Postage
PAID
Louisville, KY
Permit No. 1151

FOUNDING FAMILY

Bird S. Owen Jr. (1911-1987)
Mrs. Edith Owen
David L. Owen
Linda Owen Miller

FUNERAL DIRECTORS DIXIE HIGHWAY

Mark McNeil, Manager
Glenn Bennett
Michael L. Burns
Rachel L. Hood
Amanda Keith
William B. Longest
Yvonne M. Nantz
Jackie Pugh
Jeffery R. Wagoner

FUNERAL DIRECTORS JEFFERSONTOWN

Philip R. Simpson, Manager
Kenneth W. Hardin, Jr.
Kenneth W. Hardin, Sr.
Pamela H. Owen

An Owner of

Highlands Funeral Home
3331 Taylorsville Road * Louisville, KY 40205