

The Owen



*A publication of information
about life's difficult subjects*

Family Newsletter

Winter/Spring Issue, 2012 * Volume 15, Issue 1

From Our Family to Yours

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**Family Owned & Operated
Sincere Service Is Our Way of Life**

Owen Funeral Homes

5317 Dixie Highway
502-447-2600
888-817-6105 (toll free)

9318 Taylorsville Road
502-266-9655
888-652-7332 (toll free)

www.owenfuneralhome.com



The Owen Family Newsletter is published by the Owen Funeral Home. We invite your comments or questions. Please direct all correspondence to David L. Owen.

Email: dowen502@aol.com
Email addresses are not retained by Owen.

Join us on



Memorial Meditation Garden

Saturday, April 28, at 9:00 a.m.

**Gardening Talk Show Host – Ray Rock
Stephenson Garden Center and Nursery
8136 Dixie Highway, Louisville KY 40258**

At Owen Funeral Home we understand when a loved one dies, the road to healing is usually a long and challenging one. Finding creative ways to express your grief can offer healing to the pain you feel inside. Planting a memory garden is one way of channeling grief while memorializing your loved one. It is also a good way to share memories as a family. Another way to creatively channel grief is by planting a meditation garden. A meditation garden provides a place for thought and reflection.



While creating a memory or meditation garden may sound good, you may not know where to start or who to ask about what elements would work best to create your own sanctuary. Join us Saturday, April 28th, 9:00 a.m., at Stephenson Nursery & Garden Center. Their own gardening talk show host Ray Rock, who airs each Saturday morning on W.G.T.K. 970 AM., will be ready to answer your questions and will have a display set up with Plant Material, Wind Chimes, Inspirational Stones, Water Features and other elements of the garden that will allow your imagination to take you back to being with that special someone who has touched your life. Don't miss out on touring the Nursery and seeing a great selection of Blooming Annuals, Perennials, Trees and Shrubs and much more.

To register for this creative seminar
call Genene Nisbet

Owen Funeral Home at 447-7759
by April 23, 2012.

Refreshments provided by Owen Funeral Home



Rollin' with Owen

Summer in New England

June 2 - 9, 2012 (8 days)

Cost per Person:

\$959 2 people in a room
\$939 3-4 people in a room
\$1,359 1 person in a room

Deposit of \$200

Final payment due: April 20, 2012

For more information contact: Genene Nisbet, at 447-7759

Saturday, June 2

Depart Owen Funeral Home for an exciting summer tour of New England. Morning break will be near Cincinnati, OH and lunch will be near Columbus, OH. We'll travel through the beautiful Allegheny Mountains to Carlisle, PA where we overnight.

Sunday, June 3

Continue our ride through Pennsylvania to Phillipsburg, NJ for a morning break. As we cross George Washington Bridge over the Hudson River, we should see downtown Manhattan. Continuing on to Connecticut for lunch. Newport, RI for our overnight accommodations.

Monday, June 4

Morning guided tour of Newport. After lunch on to Plymouth Rock and the Mayflower II. Boston, MA area for overnight.

Tuesday, June 5

Guided city tour of Boston includes the Old North Church, site of the Boston Tea Party and more. After lunch and shopping in Quincy Market, on to Maine. We stop in Kennebunkport, ME to visit Dock Square and Walkers Point, summer home of former President George Bush. This evening enjoy a Lobster Bake Feast included for dinner. Overnight lodging is Portland, ME.

Wednesday, June 6

Today begins with a ride through the White Mountains. First stop is the North Conway Village where we will visit the Brass Whistle Gift Shop. Next enjoy the scenery of beautiful Mt. Washington Valley and the White Mountains onboard the Conway Scenic Railroad. Lunch (on own) and shopping in the North Conway Village, NH. Montpelier, VT for our overnight lodging.

Thursday, June 7

View the Capitol Building in downtown Montpelier, the gold leaf dome includes real gold and offers a spectacular contrast with the wooded hillside of Hubbard Park in the background. Next stop is Morse Farm Maple Sugarworks, for a tour and tasting. On to Waterbury, VT to visit Ben & Jerry's for a guided tour of the Ice Cream Factory and Flavoroom. We travel Grand Isle, VT where we ferry across Lake Champlain and overnight in Plattsburgh, NY.

Friday, June 8

This morning we journey across New York through the Adirondack Mountains. We will have an afternoon break in Syracuse, NY. Our overnight lodging will be in Erie, PA.

Saturday, June 9

We head for home. Just as we did when the tour started we'll have lunch in Columbus, OH. Our arrival in Louisville will be this evening at approximately 6:00PM.

Cell Phone Numbers Go Public January 2012



All cell phone numbers are being released to telemarketing companies and you will start to receive sales calls. You will be charged for these calls. To prevent this, call the following number from your cell phone: 1-888-382-1222

This is the number for the National DO NOT CALL list. It will only take a minute of your time. It blocks your number for five years. You must call from the cell phone number you want to have blocked. Help others by passing this on.



Transforming Loss Following the Death of a Loved One

Tuesdays, April 3 – May 8 ~ 6:30 p.m. – 7:30 p.m.
Hillview Baptist Church (next to Owen Funeral Home on Dixie)
5319 Dixie Highway

“Transforming Loss” is a support group offered by Owen Funeral Homes that will meet for (6) consecutive weeks. This support group is designed to walk with you through your own personal journey of grief. Through the use of a video, “The Journey through Grief” by Doug Manning, the group will discuss difference aspects of grief and healthy approaches to this process. Each meeting will consist of presentation, discussion and support.

Weekly topics will focus on:

- How Grief Impacts Life
- Natural Reactions of Grief
- Different Dimensions of Grief and Feelings that Accompany These
- The Significance of Grief on our Lives
- Your Needs in Times of Grief
- Remembering with Love

It is our desire is to provide continuing care to you as you walk through grief. Please let us know if you are interested in attending these sessions so we can provide enough materials for each person or family. *If you would like to register or have more information about these sessions, please contact Genene Nisbet at 502-447-7759.*

Grief Shared

Grieving is as personal and individual as the loved one you lost. There is no right way or wrong way to express your feelings. There is no time table that says it will last this long or it will hurt this much. One way some choose to deal with their thoughts is writing. It may be poetry or your thoughts on a particularly difficult time and how you chose to handle it.

Over the years, families that have been served by the Owen staff have shared some of the things they have written. We think these may be helpful to you in your time of need. We have created a new page on the Owen Funeral Home website (www.owenfuneralhome.com) that allows us to share these very personal reflections with you.

If you have written something that you think others might find helpful, we invite you to send it to us for consideration. By submitting your writings to us, you give us permission to publish your work on the website. You can also mail something to the attention of Genene Nisbet.
email to: genene.nisbet@owenfuneralhome.com



Meet one of our
Owen Family Members...

Charlie Portman Family Services Representative



Charlie Portman joined the Owen staff in July of 2009, following his retirement with Bunzl Louisville.

Charlie is married to Mary Ann (Blandford). They married in 1965 and have two children, a son and daughter and one grandson. He is a Eucharistic minister and member at Saints Simon and Jude Catholic Church. He also volunteers at Saints Mary and Elizabeth Hospital Thrift Shop, Sainly Treasures, and is a member of the Associate Lodge 25, Deputy Sherriff's Office.

Charlie served in the Army from 1960 – 1966 during the Vietnam Era. He started out as a cook and was discharged as a Staff Sergeant.

Working at Owen Funeral Home is a rewarding experience for Charlie. He likes helping people and feels if he can make one person smile, it's worth it. For fun Charlie enjoys watching sports and traveling.



Neighborhood News

Grief Support Groups

Provided by Owen Funeral Homes as a Free Public Service

"Transitions"

Group for Bereaved Persons & Families
in their first few months of grief
Location and times assigned quarterly

"Now and Beyond"

Group for Widows and Widowers
Every 3rd Friday, 2:00 p.m.
Southwest Regional Library
Every 3rd Wednesday, 2:00 p.m.
Owen Funeral Home, Jeffersontown

Monthly Widow/Widower's Luncheon

Every 1st Friday, 1:00 p.m.
Location assigned monthly

For Information: *Please call Genene Nisbet,
Bereavement Services Specialist at 447-7759.*

"Transforming Loss"

Tuesdays, Apr. 3-May 8, at 6:30 p.m.
Hillview Baptist Church

"A Parent's Grief"

2nd and 4th Monday, at 6:30 p.m.
Hillview Baptist Church

Monthly Men's Breakfast

Every 3rd Monday, at 8:30 a.m.
Location assigned monthly

From Our Kitchen To Yours

by Charlie Portman



Poppy Seed Chicken

5 chicken breasts (boneless)
2 cans cream of chicken soup
8 oz. sour cream
2 1/2 tubes Townhouse Crackers
2 Tbs. poppy seed
1 stick melted margarine

Cook chicken breasts and chop into bite size pieces. Mix undiluted soup and sour cream together and then add chicken. Crush crackers and then mix with poppy seeds. Add melted butter. Spray 9 x 13 inch dish with non-stick spray. Cover bottom of dish with 1/2 mixture of cracker mixture. Add layer of chicken mixture and then top with rest of cracker mixture. Bake at 350 degrees for 30 minutes or until it bubbles.

You Are Always Welcome -

Owen Funeral Home staff welcomes the opportunity to show you around either of our facilities and to answer any questions you might have. Call the office or stop by.

Owen
FUNERAL HOMES

5317 Dixie Highway Louisville, KY 40216

502-447-2600 or 888-817-6105

9318 Taylorsville Road Louisville, KY 40299

502-266-9655 or 888-652-7332

<http://www.owenfuneralhome.com>

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FOUNDING FAMILY

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Mrs. Edith Owen
David L. Owen
Linda Owen Miller

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Kenneth W. Hardin, Jr., Manager
Kenneth W. Hardin, Sr., Asst. Manager
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PRE-NEED SERVICES

Richard Dike, Director

An Owner of

Highlands Funeral Home
3331 Taylorsville Road * Louisville, KY 40205
502-451-4420