Summer Issue, 2012 \* Volume 15, Issue 2

From Our Family to Yours

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Family Owned & Operated Sincere Service Is Our Way of Life

Owen Funeral Homes

5317 Dixie Highway 502-447-2600 888-817-6105 (toll free)

9318 Taylorsville Road 502-266-9655 888-652-7332 (toll free) www.owenfuneralhome.com

The Owen Family Newsletter is published by the Owen Funeral Home. We invite your comments or questions. Please direct all correspondence to David L. Owen. Email: dowen502@aol.com Email addresses are not retained by Owen.

Cruising with Owen ~ Eastern Caribbean February 21 - March 3, 2013 (11 Days)

Inside Cabin: \$1,839- Double per person Oceanview Cabin: \$1,889- Double per person Balcony Cabin: \$2,179- Double per person

Deposit of \$300 due: Sept. 7, 2012 (with copy of passport) Final Payment due: Nov. 26, 2012

Includes: (7) Day Royal Caribbean Cruise on Oasis of the Seas (Ship gratuities not included), Bus Transportation, 3 Nights at Hotel, 3 Continental Breakfasts

Thurs., February 21 - Depart Owen Funeral Home traveling through Bowling Green, KY and on through Nashville, TN to Manchester for lunch. Overnight in Macon, GA.

Fri., February 22 - Continental Breakfast Included. Depart Macon, GA traveling on to the Sunshine State of Florida. Overnight in the Orlando, Florida area.

Sat., February 23 - Continental Breakfast Included. Travel to Fort Lauderdale, FL where we will board the Royal Caribbean Cruise Ship "Oasis of the Seas." Lunch will be available upon boarding the cruise ship. The ship will depart the port of Fort Lauderdale at 5:00 pm.

Sun., February 24 - Today we dock in Nassau, Bahamas from 7:00 am - 2:00 pm. A city known for its warming sun and balmy breezes.

Mon., February 25 - We spend the day cruising at sea.

Tues., February 26 - Charlotte Amalie, St. Thomas from 9:00 am - 6:00 pm. In the 18th century, the island was at the center of a bustling pirate culture, as swashbuckling pirates such as Blackbeard and Drake traded stolen wares in the port of Charlotte Amalie.

Wed., February 27 - Philipsburg, St. Maarten from 8:00 am - 5:00 pm. Netherlands and France signed a formal agreement to split St. Maarten in half, as it is today.

Thurs., February 28 & Fri., March 1 - The next two days we will be cruising at sea.

Sat., March 2 - Arrive back at the port of Fort Lauderdale, FL. board the Toby Tour coach for our journey home. Travel to Tifton, GA for our overnight lodging.

Sun., March 3 - Continental Breakfast Included. We continue our travel to Louisville, KY, arriving at Owen Funeral Home approximately 7:00 pm.

For more information or to register, please contact Genene Nisbet at (502) 447-7759.







# **Brian Free & Assurance Southern Gospel Quartet** & a Touch of the Monarchs (featuring David Owen and Paul Turner)

Sponsored By: Owen Family Funeral Homes

Where: Valley View Church

8911 Third Street Road - Valley Station

When: Thursday, September 13, 2012, 11:30 a.m. – 2:00 p.m.

Stepping Stones is an annual program sponsored by the Owen Family. If you like southern gospel quartet music, then get ready for Brian Free & Assurance. They will lift your spirits and leave you wanting more. We are also pleased to have our own David Owen and Paul Turner of the Monarchs to perform this year. Both groups are sure to excite and inspire as they fill the air with great southern gospel music and reminiscent tunes of the past.



Prepare yourself for an upbeat, moving day and don't forget to bring your appetite because we also have a tasty buffet planned. If you plan to join us for lunch, a lunch ticket is required in order to provide adequate food for all. All lunch tickets are reserved and may be picked-up on August 31st, at an Owen Funeral Home location. After lunch, we will move up into the auditorium where there is plenty of room for all who wish to attend and listen to the upbeat, toe tapping music.

This year we again ask that you join our funeral home in supporting "Bears on Patrol" by donating a Teddy Bear. "Bears on Patrol" is another way Kosair Charities serves children through local law enforcement agencies. Children receive a cuddly "Furry Friend" to hold, and hug from participating police, fire and rescue departments when faced with a traumatic situation.

### Lunch and performance are FREE but reservations are limited and required.

To make reservations or obtain additional information call Genene Nisbet at 502-447-7759.

Help us support "Bears on Patrol." Bring a Teddy Bear or donation.

## 14th Annual International Survivors of Suicide Jewish Hospital, Rudd Heart and Lung Center, Saturday, November 17, 2012 at 9:00 a.m. to 3:00 p.m.

1 million people die by suicide every year, leaving behind countless family members and friends wondering, "Why did this happen?" "How will I get through it?" On the third Saturday of November each year, survivors of suicide loss come together at hundreds of local healing conferences in cities around the world and online for mutual support and practical guidance on coping with grief.

Survivors of Suicide loss tell their stories and share practical advice. Experts explain what we currently know about suicide and grief sharing sessions, local speakers, and activities may also be offered at your local conference site.

Louisville Metro Chapter will host Survivors Day, 201 Abraham Flexner Way. A continental breakfast and lunch will be provided. To make reservations, please contact Vince Gottbrath at 502-777-7405 by November 9.



### When Families Grieve

The Sesame Street "When Families Grieve" program was developed to help children summon the strength to heal after the death of a loved one.

About 2.5 million American children under age 18 have experienced the death of a parent, including the more than 12,000 who have lost a parent in the military over the past eight years. While nothing can fully shelter a child from the impact of such a loss, When Families Grieve outreach materials have proven to provide some comfort.

The effort includes two outreach kits in both English and Spanish — one specifically for military families, as part of Sesame Street's larger efforts to support these families, and another for the general public — along with community events and a primetime TV special hosted by Katie Couric and the cast of Sesame Street. Through DVDs, family activities, and books included in the kits, Elmo and his friends encourage children to open up about their feelings to help relieve the sadness, anxiety, and confusion they often experience. The kit also educates parents and caregivers on strategies for discussing death with children and reassuring them that, with love and time, things will get better.

So far, close to 1 million "When Families Grieve" outreach kits have been distributed to families and grief service providers nationwide, and 83 % of caregivers using the kit feel they "have more appropriate language to better discuss death with my child." Just as remarkable, 95% of those who received these educational materials used them, with 91% of caregivers rating them "Good" or "Excellent." That kind of support is no small solace in times of grief.

Contact Genene Nisbet at 502- 447-7759 or drop by an Owen Funeral Home location if you would like to receive a free "When Families Grieve" kit. You may also go online and visit sesamestreet.org/grief to download these free materials.

# **Kentucky Fashion**

Pam Owen is not is not only a Funeral Director and Social Media Manager at Owen Funeral Homes, but also an Interior Designer. She decorates both Funeral Homes and has begun creating Kentucky Fashion websites. She has received a great response on the websites of Pinterest and Polyvore for outfits she created. Pam designs "Collections" on the Polyvore website for Women over 50, Plus Size Ladies, Derby outfits, authentic Vintage outfits and Summer Convention outfits. Her "Sets" have been viewed over 9,000 times. Readers can check them out at http:// kentuckyfashion.polyvore.com or if you would like to view her blog go to

http://www.kentuckyfashion.blogspot.com.

Meet one of our Owen Family Members...

# Don Dziadus

**Family Services Representative** 



Don joined the Owen staff, October 2008. Like many others who work for Owen, Don has an interesting work history. He retired as a Captain, of the Aircraft Rescue Fire Department with the Louisville International Airport after 27 years of service. Before this, he volunteered 12 years as a Fireman with the Lake Dreamland Fire Department.

Don is married to Debbie (Baines). They married in 1988 and have 3 adult children and 4 grandchildren. In his spare time he has an interesting hobby. He is a travel agent with Cruises and Tours Unlimited and Carrie Me Way Travel.

He has served our community in many ways and we are grateful for this. We thank Don and the many others who serve on our fire and rescue departments. It takes special people to do this. We are glad he has joined our staff.



# Neighborhood News

### **Grief Support Groups**

Provided by Owen Funeral Homes as a Free Public Service

#### "Transitions"

Group for Bereaved Persons & Families in their first few months of grief Location and times assigned quarterly

#### "Now and Beyond"

Group for Widows and Widowers Every 3rd Friday, 2:00 p.m. Southwest Regional Library Every 3rd Wednesday, 2:00 p.m. Owen Funeral Home, Jeffersontown

#### "A Parent's Grief"

1st and 3rd Monday, at 6:30 p.m. Hillview Baptist Church

#### Monthly Men's Breakfast

Every 3rd Monday, at 8:30 a.m. Location assigned monthly

#### Monthly Widow/Widower's Luncheon

Every 1st Friday, 1:00 p.m. Location assigned monthly

For Information: Please call Genene Nisbet, Bereavement Services Specialist at 447-7759.

#### You Are Always Welcome -

Owen Funeral Home staff welcomes the opportunity to show you around either of our facilities and to answer any questions you might have. Call the office or stop by.

## From Our Kitchen To Yours

by Don Dziadus

### Mar-A Lago Turkey Burger

1/4 c. scallions, thinly sliced

½ c. celery, finely chopped

3 Granny Smith apples, peeled and diced

1/8 c. canola oil

4 lbs. turkey burger

2 tsp. Tabasco

1 lemon, juice and grated zest

½ bunch parsley, finely chopped

1/4 c. Major Grey's Chutney, Pureed

Sauté scallions, celery and apples in the oil until tender. Let cool.

Place ground turkey in a large bowl. Add sautéed items and the remaining ingredients. Shape into six 8-ounce burgers and refrigerate for 2 hours.

Season burgers with salt & pepper. Place on a preheated, lightly oiled grill. Grill each side for 7 minutes until meat is thoroughly cooked. Let sit for 5 minutes.

Serve on your favorite toasted bread, pita or hamburger bun.



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