



## Family Newsletter

Fall Issue, 2015 \* Volume 18, Issue 3

From Our Family to Yours

### Inside This Issue

- 1 Remember Together  
Importance of Memorialization
- 2 Alzheimer's Walk  
Owen Remembers Team
- 2 Did You Know?  
Owen Monument Company
- 3 Wreaths Across America  
Honoring Our Heroes
- 3 The Owen Funeral  
Home Family  
featuring Ben Washam
- 4 Neighborhood News
- 4 From Our Kitchen To Yours  
Aunt Jena Colsons  
Homemade Cake Icing

Family Owned & Operated  
Sincere Service Is Our Way of Life

### Owen Funeral Homes

5317 Dixie Highway  
502-447-2600  
888-817-6105 (toll free)

9318 Taylorsville Road  
502-266-9655  
888-652-7332 (toll free)

[www.owenfuneralhome.com](http://www.owenfuneralhome.com)



The Owen Family Newsletter is published by the Owen Funeral Home. We invite your comments or questions. Please direct all correspondence to the Owen Family.

Email: [info@owenfuneralhome.com](mailto:info@owenfuneralhome.com)  
Email addresses are not retained by Owen.

Join us on



### Remember Together

*Ritual allows the community to come together and respond not only to the reality that someone has died, but to the reality that those remaining will need support, compassion, love, hope and understanding.*

In our fast paced society, we hardly have time to breathe much less grieve. In our hurried pace, we often get side-tracked from the healing we are meant to receive following the death of a loved one. Keeping up with our busy schedules, we devalue the needed "pause" of grief and mourning when a loved one dies. This "pause" allows us to absorb the reality of what has taken place and adjust our lives to our "new normal."

Ceremony and memorialization allow us to take this necessary break. Helen Keller expressed, "The only way to get to the other side is to go through the door." While this sounds so simplistic, we often ignore it by trying to go over and around the grief with busy schedules and "no time to mourn." Remembering and memorializing a loved one, is a meaningful ritual and provides a doorway for healing when we are grieving the loss of a loved one. Caring about and remembering others is what life is about. Remember to always give yourself permission to mourn and celebrate the lives of the ones you love.

### Ways to Remember

- take flowers to your loved one's final resting place
- place flowers in your place of worship in your loved one's memory
- put special memories or feelings about your loved one on notes and attach them to a balloon and release them
- plant a tree to commemorate the meaning of your loved one's life; to be shared with family and friends as a living memorial
- create a special toast to your loved one, using your favorite wine or beverage. This can be done on any holiday when family /friends are gathered
- place your favorite flower on a table in honor of your loved one
- buy or make a memorial candle, which may be lighted on special occasions
- a moment of silence or a prayer before a meal or at another time is a simple, gracious way to honor your loved one
- spend some time together as a family with a family album. Make it a special celebration when the past is discussed, reviewed, or relived
- join family and friends together to support a cause your loved one would like in his/her memory



## Join the “Owen Remembers” Team 2015 Walk to End Alzheimer’s - Louisville, KY

September 12, 2015  
Registration at 8:30 AM  
Ceremony at 9:45 AM  
Walk at 10:00 AM  
Route Length: 1.5 miles

Great Lawn at Waterfront Park - Downtown Louisville  
231 Witherspoon Street, Louisville, KY 40202  
Call Yvonne Nantz at 502-447-2600 or email [yvonne.nantz@owenfuneralhome.com](mailto:yvonne.nantz@owenfuneralhome.com)

The Owen Remembers Team will gather to the left of the registration tents. We will have an umbrella with the Owen name to make it easier to find our team.

The Owen family and staff have cared for many family members who have said a thousand goodbyes to a loved one with Alzheimer’s disease. We also experience the devastating effects of this disease personally with family and friends. By walking, we want to join with you in remembering your loved one; while helping to raise awareness and funds for Alzheimer’s care, support and research.

Call Yvonne Nantz at 502-447-2600 or email [yvonne.nantz@owenfuneralhome.com](mailto:yvonne.nantz@owenfuneralhome.com) if you would like to join the “Owen Remembers” Team. To make a donation in your loved one’s memory, please make all check donations payable to the Alzheimer’s Association. You may drop your donation at our one of locations or bring it the day of the walk and walk with us!

### Did you know?

Owen has our own memorialization director, Gary Thomas. Gary has over 20 years of experience in cemetery memorialization and funeral service. He can help you create a unique and meaningful tribute to your loved one and family. For assistance contact Gary at (502)447-2600.





Wreaths across America honor veterans by coordinating the sponsorship of wreaths and wreath laying ceremonies. This year on Saturday, December 12, 2015 at veteran cemeteries and other locations in all 50 states, wreaths will be placed on the graves of veterans.

To sponsor a wreath or for more information visit Wreaths Across America at their website. [www.wreathsacrossamerica.org](http://www.wreathsacrossamerica.org).

Wreaths Across America's mission, Remember, Honor, Teach, is carried out in part by coordinating wreath laying ceremonies and organizing a week of events including international veteran's tributes, ceremonies at State Houses and a week-long "Veteran's Parade" between Maine and Virginia where they stop along the way to spread the message about the importance of remembering our fallen heroes, honoring those who serve, and teaching our children about the sacrifices made by veterans and their families to preserve our freedoms.



This week of events is made possible by thousands of volunteers who organize local ceremonies, raise funds to sponsor wreaths, and participate in the events. They receive no government funding. The cost of their programs is paid for by individual wreaths sponsors, corporate donors and volunteer truckers.

*"To be killed in war is not the worst that can happen. To be lost is not the worst that can happen... to be forgotten is the worst." -Pierre Claeysens (1909-2003)*

## Don't Forget - Cruisin' with Owen

Western Caribbean Cruise on the "Carnival "Dream"  
February 27 - March 7, 2016 10 Days – Passport Required!  
Visit the website [www.owenfuneralhome.com](http://www.owenfuneralhome.com) for complete details.  
For reservations please contact Genene Nisbet @ 502-447-7759  
[genene.nisbet@owenfuneralhome.com](mailto:genene.nisbet@owenfuneralhome.com)

Meet one of our Owen Family Members...

### Ben Washam

Funeral Director, Jeffersontown



Ben is a licensed funeral director and embalmer for Owen Funeral Home-Jeffersontown. He received his licenses in June of 2012 and began working for Owen Funeral Homes in 2013. He is a graduate of Mid-America Mortuary College of Funeral Service in Jeffersonville, Indiana. He also holds an associate degree in Applied Science of Funeral Service.

Ben is a native of Benton, Kentucky but now lives in Jeffersontown, Kentucky which he calls home. His hobbies include clocks, case pocket knives, 4-wheeling and watching the University of Louisville Cardinals play basketball. He is a member of the Jeffersontown Masonic Lodge #774 and Kosair Shrine Temple. He looks forward to the many opportunities these memberships provide in service to the community.

Funeral service is a "calling" for Ben. He takes great pride in providing comfort and compassion to families during their time of loss and bereavement.





5317 Dixie Highway Louisville, KY 40216  
502-447-2600 or 888-817-6105  
9318 Taylorsville Road Louisville, KY 40299  
502-266-9655 or 888-652-7332  
<http://www.owenfuneralhome.com>

Presorted Standard  
U. S. Postage  
PAID  
Louisville, KY  
Permit No. 1151

FOUNDING FAMILY  
Bird S. Owen Jr. (1911-1987)  
Mrs. Edith Owen  
David L. Owen  
Linda Owen

FUNERAL DIRECTORS DIXIE HIGHWAY  
Mark McNeil, Manager  
Philip R. Simpson  
Glenn Bennett  
Michael L. Burns  
William B. Longest  
Shannon Mazur  
Yvonne M. Nantz  
Jackie Pugh

FUNERAL DIRECTORS JEFFERSONTOWN  
Kenneth W. Hardin, Jr., Manager  
Kenneth W. Hardin, Sr., Asst. Manager  
Rachel Barr  
Pamela H. Owen  
Ben Washam

PRE-NEED SERVICES  
Richard Dike, Manager  
Gary Thomas  
Jim Booher

OWEN MONUMENT COMPANY  
Gary Thomas, Manager

An Owner of  
Highlands Funeral Home  
3331 Taylorsville Road \* Louisville, KY 40205 \* 502-451-4420

## Neighborhood News

### Grief Support Groups

Provided by Owen Funeral Homes as a Free Public Service

#### *“Transitions”*

Group for Bereaved Persons & Families  
in their first few months of grief  
Location and times assigned quarterly

#### *“Now and Beyond”*

Group for Spousal Loss  
Every 3rd Friday, 2:00 p.m.  
Southwest Regional Library (NEW Location)  
Every 3rd Wednesday, 2:00 p.m.  
Owen Funeral Home, Jeffersontown

#### *Monthly Spousal Loss Luncheon*

Every 1st Friday, 2:00 p.m.  
Golden Corral Restaurant, 5362 Dixie Highway  
For Information: *Please call Genene Nisbet,  
Bereavement Services Specialist at 447-7759.*

#### *“A Parent’s Grief”*

1st and 3rd Monday, at 6:30 p.m.  
Hillview Baptist Church

#### *Monthly Men’s Breakfast*

Every 3rd Monday, at 9:00 a.m.  
Frisch’s Restaurant  
7401 Dixie Highway

### From Our Kitchen To Yours

by Ben Washam



#### **Aunt Jena Colsons Homemade Cake Icing**

**Add:**  
1 cup of milk to  
4 tablespoons of flour.

Cook on top of stove until it becomes  
thick, then place in refrigerator to cool  
thoroughly.

Mix with 2 sticks of margarine

1/2 cup of crisco

1 teaspoon of vanilla

1 cup of sugar

Beat with mixer til it turns white

Serves about 7 – 10 people

### You Are Always Welcome -

Owen Funeral Home staff welcomes the opportunity to show you around  
either of our facilities and to answer any questions you might have. Call the  
office or stop by.